



Quality Care Connections



SPRING 2022 TRAINING BULLETIN

Quality Care Connections has updated our class registration program and has selected Bookeo as our new platform. We are excited to offer you a more simple and user-friendly process to register and pay for classes. At this time, our current system, ProClass, is no longer operational. The rollout of Bookeo is anticipated to take place on Monday, March 28. However, there may be a delay in the ability to register for classes. We appreciate your patience! To register for our classes, please go to <https://www.lanecc.edu/gcc/provider-training>. If you need help with registration, contact us at qualitycareconnections@lanecc.edu or call 541-463-3300. For more information on registering for classes, core knowledge categories, or about training requirements, please see the last page of the training bulletin.

EXTENDED LEARNING OPPORTUNITIES

Note: Participants in these classes are expected to take all classes in each series. No new members may join after the first class.

Critical Competencies for Infant Toddler Caregivers		Instructors: Alexandra Curtis and Debra Dreiling
Part 1: Saturday, April 9, 10 a.m.-3:00 p.m.	This series will examine the entire Critical Competencies curriculum. Participants will explore how social-emotional development is the foundation for all areas of childhood development and learning. The six modules in the area will explore building warm positive relationships, responsive caregiving, supporting social-emotional expression and regulation, promoting socialization, guiding behavior and promoting infant and toddler sense of identity and belonging through theoretical and practical application of the concepts presented. <i>Infants/Toddlers.</i> <i>21 hours of Set Two training (6 hours in HGD, 4 hours in LEC, 2 hours in PPLD, 9 hours in UGB)</i> <i>Cost: \$150</i>	
Part 2: Saturday, April 30, 10 a.m.-3:00 p.m.		
Part 3: Saturday, May 7, 10 a.m.-3:00 p.m.		
Part 4: Saturday, May 21, 10 a.m.-3:00 p.m.		

Plan, Shop, Save, and Cook		Instructor: Rebecca Fallihee, OSU Extension Nutrition Educator
Part 1: Thursday, April 7, 6:00-7:00 p.m.	Learn how to plan meals for your family and write shopping lists to save money and time. Learn to choose foods that are the most nutritious and that fit within your budget. Learn techniques to lower your food bill and stretch your money. Learn how to use unit pricing, review bulk and generic products, and how to keep your food safe to prevent waste and spoilage. Discover tips to help you plan nutritious meals for an entire week and taste a healthy, low-cost recipe. <i>No age-related content.</i> <i>4 hours of Set One training in Health, Safety, and Nutrition</i> <i>Cost: Free</i>	
Part 2: Thursday, April 14, 6:00-7:00 p.m.		
Part 3: Thursday, April 21, 6:00-7:00 p.m.		
Part 4: Thursday, April 28, 6:00-7:00 p.m.		

QUALITY CARE CONNECTIONS WEBINARS

Title and Instructor	Date/Time	Hours	Set/CKC	Description	Cost
Helping Stressed Out Kids in Your Program <i>Rachel Kessler</i> <i>OregonASK Master Trainer</i>	Thursday, April 14 6:00-8:00 p.m.	2 hours	Set Two in HSN	<p>In this session, participants will examine how stress affects adults and children on a physiological level. Explore the signs and symptoms exhibited in children experiencing stress. We will discuss the different components of what makes stress positive vs. negative, the changes that happen on a chemical level, how to recognize signs of stress, and strategies to combat negative stress. <i>School-Age.</i></p> <p><i>Note: OregonASK will email participants the Zoom link and class materials two days prior to the training.</i></p>	\$20
Risk and Protective Factors in Early Childhood: Enhancing Resilience <i>Aoife Magee</i>	Wednesday, April 27 6:00-8:00 p.m.	2 hours	Set Two in UGB	<p>Participants will examine how risk and protective factors influence developmental outcomes for young children and how to promote resiliency. Groups will work together to apply key concepts related to risk and protective factors to case studies and then reflect upon the actual outcomes after completing the activity. <i>Infants/Toddlers, Preschool.</i></p>	\$20
Words We Use: Positive Phrasing to Support Young Children <i>Amy Williams</i>	Tuesday, May 3 6:00-9:00 p.m.	3 hours	Set Two in LEC	<p>Learn ways to speak with children that promote a peaceful, respectful classroom environment. Explore phrases that you may use currently that you want to eliminate. Transform your tone and increase the kindness in your voice when you speak to children. Practice building phrases that are honest and clear, loving and kind. <i>Preschool.</i></p>	\$20
Professional Development in Early Childhood Education <i>Danielle Cunningham</i>	Thursday, May 5 6:30-8:30 p.m.	2 hours	Set One in PPLD	<p>Professional Development with the Oregon Registry is an introductory training on Oregon Registry programs, how Oregon Registry Online (ORO) is designed for training and education tracking, and resources that are available to Oregon's early learning workforce. Participants will explore how to plan for professional development growth. Participants will gain knowledge of resources available to Oregon's Early Learning Professionals. <i>No Age-related content.</i></p>	Free
Positive Strategies to Support Young Children with Special Needs in Inclusive Settings <i>Aoife Magee</i>	Wednesday, May 11 6:00-8:00 p.m.	2 hours	Set Two in SN	<p>Participants in this training will examine positive strategies to support young children with special needs in inclusive early childhood settings. Characteristics and strategies for supporting children with orthopedic impairments, cognitive delays, learning disabilities, communication disorders, sensory impairments (visual, hearing, and sensory integration), attention-deficit/hyperactivity disorder, emotional disorders and autism spectrum disorders will be included. <i>Infants/Toddlers, Preschool.</i></p>	\$20

Title and Instructor	Date/Time	Hours	Set/CKC	Description	Cost
ART to Promote Youth Voice <i>Rachel Kessler</i> <i>OregonASK Master Trainer</i>	Thursday, May 19 6:00-8:00 p.m.	2 hours	Set Two in LEC	In this hands-on training, we will explore activities aligned with national art standards. We will find flexible ways to use a variety of materials, create an inclusive atmosphere for youth, explore youth voice, and offer youth skills for interacting positively in groups. Example curriculum will be provided. <i>School-age.</i> <i>Note: OregonASK will email participants the Zoom link and class materials two days prior to the training.</i>	\$20
To Bleach or Not to Bleach! Understanding and Implementing Best Practices in Child Care Health and Safety <i>Kristen Helton</i>	Thursday, May 26 6:30-8:30 p.m.	2 hours	Set One in HSN	Participants will learn how to prevent illness, promote health, and ensure the safety of the children in your care. We will discuss infectious diseases and how to manage illness by implementing effective health policies, following appropriate cleaning, sanitizing, and disinfecting procedures, and using the right products and tools. We will examine common safety issues and how to mitigate these problems by properly using child safety devices and maintaining your facility. Lastly, you will learn how to develop an effective Health and Safety Manual. <i>No Age-Related Content.</i>	\$10
Family Childcare Business Professional <i>Danielle Cunningham</i>	Tuesday, May 31 6:00-8:30 p.m.	2.5 hours	Set Two in PM	Participants will explore business practices designed by the Oregon Secretary of State Business Startup Toolkit. Participants will examine business payroll taxes, business insurance, and employer obligations. We will determine how to support healthy interactions with families while placing a heavy focus on program family and community engagement. Participants will analyze their current handbook policies and discover how to develop strong internal child care business communications with families and employees. <i>No Age-Related content.</i>	\$20
Expressing Love to Children with Difficult Behaviors <i>Emily Haworth</i>	Wednesday, June 8 6:15-9:15 p.m.	3 hours	Set Two in UGB	In this workshop we will examine difficult behaviors children exhibit. We will explore the 5 Love Languages of Children and how we can implement the 5 Love Languages to help overcome difficult behaviors. <i>All ages.</i>	\$20

STATEWIDE CCR&R WEBINARS

These webinars were developed by our Child Care Resource and Referral partners around the state and are being made available to the Lane County child care community during the Covid-19 pandemic. Please note the following expectations for these courses:

- **You may only register for these webinars through the child care resource and referral agency in the county in which you live.**
- After registering, you will receive a confirmation email containing information about joining the Zoom webinar.
- There is a grace period of just fifteen minutes. Credit or partial credit will not be given if you log in late or leave early.
- Attendees are expected to participate in the training through the chat box, polls, verbally (if possible), and by filling out the course evaluation,
- If handouts are included as part of the class, they will be sent to all participants after the training ends.

Please register for the trainings below at <https://www.lanecc.edu/qcc/provider-training>. If you need help with registration, contact us at qualitycareconnections@lanecc.edu or leave a message at 541-463-3300 and we will call you back as soon as possible.

Title and Instructor	Date/Time	Hours	Set/CKC	Description	Cost
Conversations with Children About Consent <i>Amy Williams</i>	Tuesday, April 12 6:00-9:00 p.m.	3 hours	Set Two in UGB	Participants will develop tools to use when discussing aspects of boundaries and consent. Learn how to talk with children about their own voice and choices in a way that acknowledges the various facets of consent. Learn the basics of consent, ways that we inadvertently teach children that consent is not important and practice strategies to bring back to your classroom. <i>No Age-related content.</i>	\$20
I Need You! Examination of Factors that Support Infant and Toddler Mental Health <i>Kelley Lawson</i>	Monday, April 18 6:00-8:30 p.m.	2.5 hours	Set Two in HGD	How is the mental health of our littlest ones being affected by the stress of the pandemic and other unstabilizing factors in our world? What types of things do they need to recover and thrive in unpredictable times? Come to this training and learn what caregivers and parents can do to support positive infant and toddler mental health. <i>Infants/Toddlers.</i>	\$20
Using Values to Guide Practices <i>Aoife Magee</i>	Wednesday, April 20 6:00-9:00 p.m.	3 hours	Set Two in PPLD	Participants in this workshop will explore their personal and professional worldview that is informed by our values, beliefs, attitudes, behaviors, and culture. We will apply how to use values selected by the participant to guide their own practices with children and families. <i>No age-related content.</i>	\$20
Implementing Observation Tools to Improve Quality in Inclusive Programs <i>Danielle Stamm-Thomas</i>	Thursday, May 12 6:00-9:00 p.m.	3 hours	Set Two in OA	Conducting program level observations and planning for program development are just as important as individual observations of children. Join us to examine observation and assessment tools for evaluating your programs inclusion practices and developing quality improvement plans. <i>Infants/Toddlers, Preschool</i>	\$20

Title and Instructor	Date/Time	Hours	Set/CKC	Description	Cost
Let's get ready to rumble: Embracing rough and tumble play in the Early Childhood Classroom <i>Cody Haupert</i>	Thursday, May 24 6:00-9:00 p.m.	1.5 hours 1.5 hours	Set Two HGD LEC	Physical big body play is critical to young children's cognitive, social, and motor development. It helps children learn how to control impulses, regulate emotions, assess risk, read nonverbal cues, and more. When you support their movement throughout the day, you will find children have an easier time actively listening and learning. <i>Infants/Toddlers, Preschool.</i>	\$20
Essential Literacy (Beyond Open and Closed Questions) <i>Sonia Thomas</i>	Tuesday, June 14 6:00-9:00 p.m.	3 hours	Set Two in LEC	Young children are inquisitive by nature. They ask "Why?" over and over again. In this workshop you will apply theory developed by Benjamin Bloom to examine the thinking process. You will leave with strategies to encourage children's language development and foster creative thinking. <i>Infants/Toddlers, Preschool.</i>	\$20

ONLINE SAFETY SET CLASSES

Title	Hours	CKC*	Set	Description	Cost	To Register
Recognizing and Reporting Child Abuse and Neglect	2 hours	HSN	Set One	Learn the process for reporting suspected incidents of child abuse or neglect. <i>No age-related content.</i>	Free	For these trainings, please click on this link: https://occd.educadium.com/
Introduction to Child Care Health and Safety	2 hours	HSN	Set One	This class provides basic health and safety training for child care providers in Oregon. <i>No age-related content.</i>	Free	
Prevention is Better Than Treatment	1 hour	HSN	Set One	Learn how to prevent, reduce and respond to childhood illnesses and food allergies in child care. <i>No age-related content.</i>	Free	
Safe Sleep for Oregon's Infants	1 hour	HSN	Set One	Learn about safe sleep practices and to identify and prevent risks to the babies in your child care program. <i>Infant/toddler.</i>	Free	
Food Handler's Card	2 hours	HSN	Set One	The course teaches basic understanding of critical food safety concepts to keep children safe from harm. <i>No age-related content.</i>	Free	To obtain your Food Handler's card, click this link: http://triwou.org/pages/show/ccccrr-food-handler-certification

INFANT/CHILD CPR AND FIRST AID

Online-only CPR/First Aid training will be accepted through June 30, 2022 for both new and renewing providers. After that date, CPR/First Aid certification must take place *in person*. The cost of the online-only class is currently \$15 but will increase after June 30, 2022 for the required in-person certification. Quality Care Connections can arrange for your online CPR/First Aid class through Medic First Aid.

Title and Instructor	Date/Time	Hours	CKC	Set	Description	Cost	To Register
Online Only Portion of the Hybrid CPR/First Aid Class <i>Medic First Aid</i>	On your own time	3 hours	HSN	Set One	This online course provides training in the basics of pediatric and adult first aid and CPR.	\$15	Email qualitycareconnections@lanecc.edu or call 541-463-3300.

INTRODUCTION TO REGISTERED FAMILY CHILD CARE

Title and Instructor	Date/Time	Hours	CKC	Set	Description	Cost	To Register
Introduction to Registered Family Child Care Part 1	On your own time	1 hour	PM	Set One	This online class introduces you to the requirements for becoming a registered family child care provider. <i>No age-related content.</i>	Free	Click on this link: https://occd.educadium.com/
Introduction to Registered Family Child Care Part 2 <i>Danielle Cunningham</i>	Saturday, April 23, 9:00 a.m. -12:00 p.m. -or- <hr/> Tuesday, May 17 6:00-9:00 p.m. -or- <hr/> Thursday, June 9 9:00 a.m. -12 p.m.	3 hours	PM	Set One	Part Two is a webinar you must attend <i>after</i> completing Part One. This free class provides a rule book, resources to help you be successful, information about Child Care Resource & Referral, and more. *You must pre-register. <i>No Age-related content.</i>	Free	Register for this training at: https://reg125.imperisoft.com/QualityCareConnections/Search/Registration.aspx

OREGON DEPARTMENT OF HUMAN SERVICES (ODHS) ORIENTATION

Title and Instructor	Date/Time	Hours	CKC	Set	Description	Cost	To Register
ODHS Provider Orientation <i>Danielle Cunningham</i>	Tuesday, April 26, 6:30-8:30 p.m. -or-	2 hours	PM	Set One	This class helps you understand the Oregon Department of Human Services listing and payment process and how to become eligible for the Enhanced Rate. Come meet other providers and bring questions you have about DHS Child Care. Please note: Oregon Registry gives 1.5 clock hours for this training in English, 2.5 for this training in Spanish). <i>No age-related content.</i>	Free	To register, visit: https://reg125.imperisoft.com/QualityCareConnections/Search/Registration.aspx
	Saturday, May 21 10:30 a.m.-12:30 p.m. -or-						
	Tuesday, June 7 6:30-8:30 p.m.						

PROFESSIONAL DEVELOPMENT TRAINING AND REGISTRATION INFORMATION

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Child Care Training Requirements

- To understand the training and qualification requirements for staff that work in licensed Certified or Registered Family Child Care or in a Certified Child Care Center, visit the Oregon Learning Division website [here](#).
- To see the training requirements for Family Child Care, click [here](#).
- To see the training requirements for Child Care Center staff click [here](#).
- For training requirements for license-exempt DHS subsidy providers, visit the Department of Human Services website at <https://www.oregon.gov/DHS/ASSISTANCE/CHILD-CARE/Pages/Provider-Listing.aspx>

Oregon Registry

- For information about the Oregon Registry, such as how to enroll, submit training certificates, or apply for a step increase, visit the Oregon Center for Career Development in Childhood Care and Education at: <https://www.pdx.edu/education-career-development/oregon-registry-educators>
- To see your Professional Development Statement and the training certificates that have been submitted to ORO, please visit: <https://my.oregonregistryonline.org/>
- To view Oregon Registry Step requirements, visit: https://drive.google.com/file/d/1gfgV5p2nuXue87FSi1gP2xjSPWSpv_4z/view

***Oregon Registry Core Knowledge Category Abbreviations**

DIV: Diversity

HGD: Human Growth & Development

PPLD: Personal, Professional & Leadership
Development

SN: Special Needs

HSN: Health, Safety & Nutrition

OA: Observation & Assessment

FCS: Families & Community Systems

LEC: Learning Environments & Curriculum

PM: Program Management

UGB: Understanding & Guiding Behavior

Set One, Set Two, and Set Three Explanation

The “Sets” are a progression of increased depth and breadth of knowledge within each Core Knowledge Category. Each set provides increased knowledge and how to place that knowledge into practice in professional work. Set One is introductory, Set Two is intermediate, and Set Three is advanced. College course credits are considered Set Two or Three. To move beyond Step 7 in the Oregon Registry, college course credit or Set Two or Three classes are required.