

SABBATICAL PRESENTATIONS

“YOU ONLY NEED TO EXERCISE ON THE DAYS
YOU EAT & OTHER TIPS FOR OPTIMAL
HEALTH”

Presented by faculty member, Wendy Simmons, Wellness

“CAN LITERARY THEORY BE GOOD FOR
ONE’S HEALTH TOO?”

Presented by faculty member, Michael McDonald, English

Wednesday, February 3, 2010

4:00 p.m.

CML, room 214

Refreshments provided