

Winter Term 2022 Week 4-8

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T	WG Shredded Wheat Smiley Orange Milk	WGR Fruit Muffin, ICN Cantaloupe Milk	WG Oatmeal, HM Banana Wheels Milk	WGR English Muffin Apple Slices Milk	WG Corn Chex Fruit Mix Milk
L U N C H	Pizza-In-a-Pocket, ICN Broccoli Salad, ICN HB Egg Diced Pears Milk	Spanish Chickpea Stew, ICN Baking Powder Biscuits, ICN Diced Cheese Diced Peaches Milk	WGR Applesauce Pancake, ICN Lochmead Plain Yogurt Oven Fries, ICN Turkey Sausage, CN Applesauce Milk	Oven Fried Chicken, ICN WW Pasta Salad, ICN Green Beans Mandarin Oranges Milk	Baked Fish, HM Brown Rice Romaine and Orange Salad, Modified FH Fruit Mix Milk
P M S N A C K	Graham Crackers Lochmead Plain Yogurt	WW Bread w/ Sun Butter and Jelly Milk	Saltine Sliced Cheese Milk	Cheese Crackers Fruit_____	WGR Banana Bread, ICN Milk

*All milk served is 1% unflavored milk.
*Water is available at each meal.

This institution is an equal opportunity provider.