

Winter Term 2022 Week 3-7

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T	WGR Corn Chex Smiley Orange Milk	WGR Bagel Apple Slices	WG Oatmeal, HM Banana Wheels Milk	WGR Fruit Muffin, ICN Pears Milk	WGR Kix Fruit Mix Milk
L U N C H	WW Tuna Salad Sandwiches, ICN Banana Potato Wedges, FH Milk	Vegetarian Chili, FH Corn Muffins, ICN Cubed Cheddar Cheese Smiley Oranges Milk	WG Waffles HB Eggs Lochmead Plain Yogurt Oven Sweet Potato Fries Milk	WW Beef and Noodles, ICN Romaine Salad Diced Peaches Milk	Roasted Turkey, HM Mashed Potatoes, ICN WW Roll Apple and Cranberry Sauce, FH Milk
P M S N A C K	Power Muffins, FH Milk	WW Bread w/ Sun Butter and Jelly Milk	WG English Muffin Applesauce	Cheese Crackers Fruit _____	Pita Pocket Sliced Cheese Milk

*All milk served is 1% unflavored milk.

*Water is available at each meal.

This institution is an equal opportunity provider.